

Report on WSBC for the May 12th CNMI meeting
Submitted by Cynthia G.

Total Eligible Voter 188

17 Countries represented (Australia, Austria, Brazil, Canada, Costa Rica, England/W. Germany, Greece, Ireland, Israel, Mexico, New Zealand, South Africa, Spain, Sweden, USA, and Venezuela)

Officers Reports

Chairs Report-new 12 and 12 already sold 5,000 copies

Treasurers Report-projected balanced budget for 2018, asking for people to consider ARC

Managing Directors Report-lots and lots of details

Committee Reports- so much information

International Publications/Translations-it is wonderful how OA is being led by the needs of a wide world. So much information is packed into this report.

Strategic Planning Committee Report-it gave me a satisfaction to see the goals for 2018 are helping OA grow. Virtual meeting, phone meeting, Skype meetings---definitely I am not ready to use these.

Forum –“Recovery Roadmap

Set up in a Round Robin style—my speakers were on these topics

- 1) Control-You cannot deal alone with relapse. You are accountable for only you.
- 2) 3 legged stool-each leg has to constantly maintained
- 3) Recovery from Resentment-accept reality—don't expect, action plan-take care of myself, and get to where life is serene

Committee Meeting I attended was 12 Step Within

Suggested holding a workshop on how to sponsor and annual workshops on abstinence and relapse.

My sub-committee will be working on

- 1) What Recovery Looks Like
- 2) Getting Out of Relapse and Staying Out
- 3) Spiritual Awakening through Working the Steps

God has a sense of humor for me by this assignment. All the work is going to be done with Skype and/or conference calls. All the other members were computer nerds. I will be looking forward to simple emails.

Workshops I attended were:

- 1) Healthy Service Bodies-idea to do a 12 step call on the 12th day of each month (make a personal goal or a group's goal)
- 2) Healthy Service Bodies- to focus on new comers to our groups. Need to also try to incorporate “fun get togethers”. Need to set up service positions time limits for our group.
- 3) Carrying the Message-Virtual meetings to reach others, use of the small fold card to carry to our Medical professionals
- 3) All About the Conference

Lots of details on how to be a delegate at the business meeting. Excellent, though I was so exhausted from all the information.

New Business

Failed

Literature Motion A-b

Literature Motion A-d

New Business E and S

Adopted

Literature Motion A-a

New Business – D, I, M, G, A, H, N, C, O, J, L, K, b

Bylaws Amendments – 1,2, 3, 4, 5, 7

It is a very democratic process. Lots of delegates with specific questions were answered. This is a very intense process. A motion can get amended or substituted or even withdrawn. If a motion gets amended 3 times it had to be sent off to “Referred to Committee” and then brought back the next day for a vote. Some voting is simple majority and some needed 2/3 approval. We voted by voice, by standing, or by standing and counting off.

Elections

Trustee 3- Neva S

Trustee 1 – Pat O

Virtual Service Trustee – Dora P.

General Trustees-Bonnie L and Judy H.

As a “green dot” or a first time delegate, I found myself in overload the very first day, which was Tuesday. I found I had to get away at lunch time and get in quiet meditation time. I really needed this time to clear my head and be open to more learning. I only attended the first evening workshop-I had to take care of me and get more rest. I am just overwhelmed to the love and support this conference gave me. So many new ideas for recovery. So many new friends. I was able to attend the last OA meeting on Saturday –such openness and definitely working on the 3 legs of recovery.

The “green dot ceremony” was so emotional.

So much work is done at the annual conference with so many levels of ability but I believe that the real direction of the conference just wants to help the individual make a stronger recovery.

7th tradition collected on Friday was \$15,978.59 (\$10,000 was a check from Region III)

Respectfully submitted

Delegate Cynthia G.