

Overeaters Anonymous – Central NM Intergroup

P.O. Box 30273 Albuquerque, NM 87190-0273

CNMI website: <http://www.oa-cnmi.org> CNMI email: oacnmi@gmail.com Phone #: 505-261-3553

Meeting List as of August 4, 2025

All times are Mountain Daylight Time (MDT)

Day	Time	Meeting	Topic	Contact
Every day	8:00 am	Santa Fe, NM Zoom meeting Launch Meeting - Zoom  Meeting ID: 748 286 152 Password 1234		https://www.nnmoa.com/meetings-list
Monday	12 noon	Albuquerque, NM Zoom Meeting https://us02web.zoom.us/j/5954390550  Meeting ID: 595 439 0550 One tap mobile +13462487799 5954390550# US (Houston) Dial by your location +1 346 248 7799 US (Houston)	Literature	Contact: Dodie 505-991-2850

Day	Time	Meeting	Topic	Contact
	1:30 pm	Los Lunas, NM Zoom Meeting https://us02web.zoom.us/j/83821550751  Meeting ID: 817 1247 4027 (Passcode: 533510) when joining by phone Dial by your location • +1 719 359 4580 US • +1 669 900 9128 US (San Jose) • +1 253 205 0468 US • +1 253 215 8782 US (Tacoma) • +1 346 248 7799 US (Houston) • +1 669 444 9171 US • +1 564 217 2000 US • +1 646 558 8656 US (New York) • +1 646 931 3860 US • +1 689 278 1000 US • +1 301 715 8592 US (Washington DC) • +1 305 224 1968 US • +1 309 205 3325 US • +1 312 626 6799 US (Chicago) • +1 360 209 5623 US • +1 386 347 5053 US • +1 507 473 4847 US	Step and Tradition Study	Contact: Mary 505-363-8774
	5:00 pm	Santa Fe, NM Zoom meeting https://zoom.us/j/983851226  Meeting ID: 983 851 226 Password 1234	Reading & Meditation	https://www.nnmoa.com/meetings-list

Day	Time	Meeting	Topic	Contact
	7:00 pm	Albuquerque, NM Zoom Meeting https://us02web.zoom.us/j/88067773470  Meeting ID: 880 6777 3470 346-248-7799 US  CLOSED CAPTIONED for the Hearing Impaired	<i>Newcomer</i>	Contact: Mary S. 505-977-3445
Tuesday	12 pm	Albuquerque IN-PERSON Meeting "Steps to Recovery" Location: The Heights Club 8520 Marble Avenue NE From the intersection of Lomas and Virginia (just west of Wyoming) go north to Marble, turn right, and follow the street around the curve. Plenty of parking.	<i>Step Study</i>	Contact: Sue M. 209-765-0132 Or Annamaria L. 505-265-2036 (landline – no texts)
	5:30 pm	Durango, CO Zoom Meeting #13245 Meeting ID: 893 878 10107 Please contact Jackie C for Password or information	<i>Rotating</i>	Contact: Jackie C. 970-749-1507
Wednesday	12 pm	Las Cruces, NM -HYBRID MEETING St. James Episcopal Church 102 St James Ave, Las Cruces, NM 88005  Wheelchair Accessible https://us02web.zoom.us/j/8318857571?pwd=S2VnWk1lcEFZKzR4b21ZUUFBUXFQdz09  Meeting ID: 8318857571 Password: 003560 Meeting info (phone call only): Dial +1 346 248 7799 US (Houston) Meeting ID: 8318857571 Passcode: 003560	<i>Rotating</i>	Contact: Bob S. 610-762-3779

Day	Time	Meeting	Topic	Contact
	6:00 pm	OA Wednesday ABQ Zoom Meeting https://us02web.zoom.us/j/89831936843?pwd=bIRaeSt5ejFKdGRXd1pBSzI0TzNSZz09  Meeting ID: 898 3193 6843 Passcode: 878640 One tap mobile +13462487799,,89831936843#,,,,*878640# US (Houston) +16694449171,,89831936843#,,,,*878640# US Dial by your location +1 346 248 7799 US (Houston) +1 669 444 9171 US +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +1 312 626 6799 US (Chicago) +1 386 347 5053 US +1 564 217 2000 US +1 646 558 8656 US (New York) +1 646 931 3860 US +1 301 715 8592 US (Washington DC) Meeting ID: 898 3193 6843 Passcode: 878640 Find your local number: https://us02web.zoom.us/j/89831936843?pwd=bIRaeSt5ejFKdGRXd1pBSzI0TzNSZz09	AA Big Book Topics, Speakers	Contact: Vanessa G. 505-507-9894
	7:00 pm	Albuquerque IN-PERSON Meeting "Stayed For the Sanity" Location: First Unitarian Church 3701 Carlisle Blvd NE Albuquerque, NM 87110 The group meets in the Family Room, NE corner of the church complex. Entrance faces Comanche Boulevard. Look for bright pink signs pointing the way.	Rotating	Contact: Frank 505-688-0788 or Anita 505-238-8014 (text preferred)
Thursday	5:40 pm	Silver City IN-PERSON Meeting Location: Church of the Good Shepherd, Meeting Hall 615 N. Texas St. Silver City, NM 88061	Literature, Spirituality	Contact: Abby 575-313-7305

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	7:00 pm	We Care Zoom Meeting of OA Albuquerque, NM https://us02web.zoom.us/j/89416517045?pwd=M3ZxWG5QVW8rOUFyMm5HKzg3MkFmQT09  Meeting ID: 894 1651 7045 Passcode: 932273 Dial-in Number: +1 253 215 8782  CLOSED CAPTIONED for the Hearing Impaired	<i>Rotating</i>	Contact: Carol Sp 505-804-5093
Friday	11 am	Albuquerque Zoom Meeting: https://us02web.zoom.us/j/88113407202  Meeting ID: 881 1340 7202 Dial-In Number: +1 346 248 7799 US	<i>11th Step</i> – <i>Prayer & Meditation</i>	Contact: Regina H 505-977-0718
Friday	5:45 pm	Rio Rancho In Person Meeting: Location: Mesa Club 3301 Southern Blvd, Rio Rancho, NM	<i>11th Step</i> – <i>Prayer & Meditation</i>	Contact: Vanessa 505-507-9894

Day	Time	Meeting	Topic	Contact
Saturday	9:30 am	Las Cruces, NM HYBRID MEETING Peace Lutheran Church 1701 Missouri Ave Las Cruces, NM 88001  Wheelchair Accessible https://us06web.zoom.us/j/82830099580?pwd=cBcBE2HyHaFXKxPyPme4JMm5V3sWRj.1  Meeting ID: 828 3009 9580 Passcode: 777403 One tap mobile +12532158782,,88090178651#,,,,*332861# US (Tacoma) +13462487799,,88090178651#,,,,*332861# US (Houston)	Literature	Contact: Bob 610-762-3779
		Gallup, NM Contact Elizabeth if you would like to attend a meeting in Gallup		Contact: Elizabet W. 505-721-9208
	10:30 am	Santa Fe, NM Zoom Meeting https://zoom.us/j/425884262  Meeting ID: 425 884 262 Password 1212		https://www.nnmo.com/meetings-list

Day	Time	Meeting	Topic	Contact
	11:00 am	Albuquerque Saturday Surrender Zoom Meeting https://us02web.zoom.us/j/89503412076?pwd=bkZFRmw3QWxYUnRJMmsxMCtkNmZhUT09  Meeting ID: 895 0341 2076 Password: 550847 Call-In Number: 1-346-248-7799  CLOSED CAPTIONED for the Hearing Impaired	<i>Rotating</i>	Contact: Anna Charirose L. 505-544-6950
Sunday	8:30 am	OA Sunday ABQ In-Person & Telephone Only Meeting Location: Nahalat Shalom 3606 Rio Grande Blvd NW, Albuquerque, NM 87107 Inside courtyard, 2nd door from left on north wall Contact Vanessa at vbgmilagro@gmail.com for phone number passcode.	<i>Rotating</i>	Contact: Vanessa 505-507-9894

The WE CARE List

These members are willing to receive phone calls, answer questions about the OA program and sponsorship and speak at OA meetings.

Annamaria L.	505-265-2036 Land Line, no texts amlopez_031580@yahoo.com
Anna Charirose L.	505-554-6950
Carol Sp.	505-804-5093
Dodie H.	505-991-2850
Irine F.	505-210-6780
Kathy M. (habla espanol)	picardysmom@yahoo.com

Day	Time	Meeting	Topic	Contact
		Leonie W.		catlaw98@gmail.com
		Margaret C.		602-882-7002
		Mary C-W		505-363-8774
		Mary S.		505-977-3445
		Serena (El Paso)		915-566-8424
		Veronica G (habla espanol)		505-321-1474
		Taylor		taycdc@hotmail.com
		Sue M.		209-765-0132
Please send meeting changes and updates to oacnmi@gmail.com. Please also go to https://oa.org/find-a-meeting/ to add, edit, or cancel a meeting.				