

Overeaters Anonymous – Central NM Intergroup

P.O. Box 30273 Albuquerque, NM 87190-0273

CNMI website: <http://www.oa-cnmi.org> CNMI email: oacnmi@gmail.com Phone #: 505-261-3553

Meeting List as of October 20, 2025

All times are Mountain Daylight Time (MDT)

Day	Time	Meeting	Topic	Contact
Every day	8:00 am	Santa Fe, NM Zoom meeting https://us02web.zoom.us/j/748286152?pwd=Q2RiVm9jeSsvSIVSWkc2dFgrUmFEZz09#success Meeting ID: 748 286 152 Password 1234		https://www.nnmoa.com/meetings-list
Monday	12 noon	Albuquerque, NM Zoom Meeting https://us02web.zoom.us/j/5954390550 Meeting ID: 595 439 0550 One tap mobile +13462487799 5954390550# US (Houston) Dial by your location +1 346 248 7799 US (Houston)	Literature	Contact: Dodie 505-991-2850
	1:30 pm	Los Lunas, NM Zoom Meeting Our last zoom meeting will be October 27, 2025 https://us02web.zoom.us/j/83821550751 Meeting ID: 817 1247 4027 (Passcode: 533510) when joining by phone	Step and Tradition Study	Contact: Mary 505-363-8774
	5:00 pm	Santa Fe, NM Zoom meeting https://zoom.us/j/983851226 Meeting ID: 983 851 226 Password 1234	Reading & Meditation	https://www.nnmoa.com/meetings-list

Day	Time	Meeting	Topic	Contact
	7:00 pm	Albuquerque, NM Zoom Meeting https://us02web.zoom.us/j/88067773470 Meeting ID: 880 6777 3470 346-248-7799 US  CLOSED CAPTIONED for the Hearing Impaired	<i>Newcomer</i>	Contact: Mary S. 505-977-3445
Tuesday	12 pm	Albuquerque IN-PERSON Meeting "Steps to Recovery" Location: The Heights Club 8520 Marble Avenue NE From the intersection of Lomas and Virginia (just west of Wyoming) go north to Marble, turn right, and follow the street around the curve. Plenty of parking.	<i>Step Study</i>	Contact: Sue M. 209-765-0132 Or Annamaria L. 505-265-2036 (landline – no texts)
	5:30 pm	Durango, CO Zoom Meeting #13245 Meeting ID: 893 878 10107 Please contact Jackie C for Password or information	<i>Rotating</i>	Contact: Jackie C. 970-749-1507
Wednesday	12 pm	Las Cruces, NM -HYBRID MEETING St. James Episcopal Church 102 St James Ave, Las Cruces, NM 88005  Wheelchair Accessible https://us06web.zoom.us/j/83302756915?pwd=qaKawCFYUcbgiz6Nk8NH3HmJa4cQWu.1 Meeting ID: 83302756915 Password: 593362 Meeting info (phone call only): Dial +1 346 248 7799 US (Houston)	<i>Rotating</i>	Contact: Bob S. 610-762-3779
	6:00 pm	OA Wednesday ABQ Zoom Meeting https://us02web.zoom.us/j/89831936843?pwd=bIRaeSt5ejFKdGRXd1pBSzI0TzNSZz09 Meeting ID: 898 3193 6843 Passcode: 878640 Find your local number: https://us02web.zoom.us/u/kicekatkM	<i>AA Big Book Topics, Speakers</i>	Contact: Vanessa G. 505-507-9894

Day	Time	Meeting	Topic	Contact
	7:00 pm	Albuquerque IN-PERSON Meeting "Stayed For the Sanity" Location: First Unitarian Church 3701 Carlisle Blvd NE Albuquerque, NM 87110 The group meets in the Family Room, NE corner of the church complex. Entrance faces Comanche Boulevard. Look for bright pink signs pointing the way.	<i>Rotating</i>	Contact: Frank 505-688-0788 or Anita 505-238-8014 (text preferred)
Thursday	5:40 pm	Silver City IN-PERSON Meeting Location: Church of the Good Shepherd, Meeting Hall 615 N. Texas St. Silver City, NM 88061	<i>Literature, Spirituality</i>	Contact: Abby 575-313-7305
	7:00 pm	We Care Zoom Meeting of OA Albuquerque, NM Carol S is inviting you to a scheduled Zoom meeting. Topic: Carol S's Personal Meeting Room Join Zoom Meeting https://us06web.zoom.us/j/4528460102?pwd=UlpMdUZ0ZHlleXdOYng2YlljdE1kZz09 View meeting insights with Zoom AI Companion https://us06web.zoom.us/launch/edl?muid=4528460102_1585617013000 Meeting ID: 452 846 0102 Passcode: 3UP5dg One tap mobile +16699006833,,4528460102#,,,,*214641# US (San Jose) +17193594580,,4528460102#,,,,*214641# US  CLOSED CAPTIONED for the Hearing Impaired	<i>Rotating</i>	Contact: Carol Sp 505-804-5093
Friday	11 am	Albuquerque Zoom Meeting: https://us02web.zoom.us/j/88113407202 Meeting ID: 881 1340 7202 Dial-In Number: +1 346 248 7799 US	<i>11th Step</i> — <i>Prayer & Meditation</i>	Contact: Regina H 505-977-0718
Friday	5:45 pm	Rio Rancho In Person Meeting: Location: Mesa Club 3301 Southern Blvd, Rio Rancho, NM	<i>11th Step</i> — <i>Prayer & Meditation</i>	Contact: Vanessa 505-507-9894

Day	Time	Meeting	Topic	Contact
Saturday	9:30 am	Las Cruces, NM HYBRID MEETING Peace Lutheran Church 1701 Missouri Ave Las Cruces, NM 88001  Wheelchair Accessible https://us06web.zoom.us/j/82830099580?pwd=cBcBE2HyHaFXKxPyPme4JMm5V3sWRj.1 Meeting ID: 828 3009 9580 Passcode: 777403 One tap mobile +12532158782,,88090178651#,,, *332861# US (Tacoma) +13462487799,,88090178651#,,, *332861# US (Houston)	<i>Literature</i>	Contact: Bob 610-762-3779
		Gallup, NM Contact Elizabeth if you would like to attend a meeting in Gallup		Contact: Elizabet W. 505-721-9208
	10:30 am	Santa Fe, NM Zoom Meeting https://zoom.us/j/425884262 Meeting ID: 425 884 262 Password 1212		https://www.nnmo.com/meetings-list
	11:00 am	Albuquerque Saturday Surrender Zoom Meeting https://us02web.zoom.us/j/89503412076?pwd=bkZFRmw3QWxYUnRJMMsxMCtkNmZhUT09 Meeting ID: 895 0341 2076 Password: 550847 Call-In Number:1-346-248-7799  CLOSED CAPTIONED for the Hearing Impaired	<i>Rotating</i>	Contact: Anna Charirose L. 505-544-6950
Sunday	8:30 am	OA Sunday ABQ In-Person & Telephone Only Meeting Location: Nahalat Shalom 3606 Rio Grande Blvd NW, Albuquerque, NM 87107 Inside courtyard, 2nd door from left on north wall Contact Vanessa at ybgmilagro@gmail.com for phone number passcode.	<i>Rotating</i>	Contact: Vanessa 505-507-9894

The WE CARE List

These members are willing to receive phone calls, answer questions about the OA program and sponsorship and speak at OA meetings.

Annamaria L.	505-265-2036 Land Line, no texts amlopez_031580@yahoo.com
Anna Charirose L.	505-554-6950
Carol Sp.	505-804-5093
Dodie H.	505-991-2850
Irine F.	505-210-6780
Kathy M. (habla espanol)	picardysmom@yahoo.com
Leonie W.	catlaw98@gmail.com
Margaret C.	602-882-7002
Mary C-W	505-363-8774
Mary S.	505-977-3445
Serena (El Paso)	915-566-8424
Veronica G (habla espanol)	505-321-1474
Taylor	taycdc@hotmail.com
Sue M.	209-765-0132

Please send meeting changes and updates to oacnmi@gmail.com.
Please also go to <https://oa.org/find-a-meeting/> to add, edit, or cancel a meeting.