

Overeaters Anonymous – Central NM Intergroup

P.O. Box 30273 Albuquerque, NM 87190-0273

CNMI website: <http://www.oa-cnmi.org> CNMI email: oacnmi@gmail.com Phone #: 505-261-3553

Meeting List as of December 12, 2025

All times are Mountain Daylight Time (MDT)

Day	Time	Meeting	Topic	Contact
Every day	8:00 am	Santa Fe, NM Zoom meeting https://us02web.zoom.us/j/748286152?pwd=Q2RiVm9jeSsvSIVSWkc2dFgrUmFEZz09#success Meeting ID: 748 286 152 Password 1234		https://www.nnmoa.com/meetings-list
Monday	12 noon	Albuquerque, NM Zoom Meeting https://us02web.zoom.us/j/5954390550 Meeting ID: 595 439 0550 One tap mobile +13462487799 5954390550# US (Houston) Dial by your location +1 346 248 7799 US (Houston)	Literature	Dodie 505-991-2850
	5:00 pm	Santa Fe, NM Zoom meeting https://zoom.us/j/983851226 Meeting ID: 983 851 226 Password 1234	Reading & Meditation	https://www.nnmoa.com/meetings-list
	7:00 pm	Albuquerque, NM Zoom Meeting https://us02web.zoom.us/j/88067773470 Meeting ID: 880 6777 3470 346-248-7799 US  CLOSED CAPTIONED for the Hearing Impaired	Newcomer	Kathy M. 505-730-6788
Tuesday	12 pm	Albuquerque IN-PERSON Meeting "Steps to Recovery" Location: The Heights Club 8520 Marble Avenue NE From the intersection of Lomas and Virginia (just west of Wyoming) go north to Marble, turn right, and follow the street around the curve. Plenty of parking.	Step Study	Sue M. 209-765-0132 Or Annamaria L. 505-265-2036 (landline – no texts)

Day	Time	Meeting	Topic	Contact
	6:00 PM	NEW MEETING!! El Paso Eating Recovery... Welcome Home! Hybrid Meeting (# 802068) St Francis on the Hill Episcopal Church 6280 Los Robles, El Paso, TX 79912 https://us06web.zoom.us/j/87593800238?pwd=vbYGtMoHXJ2UQ0n5oHVVaCVL3HDsmY8.1 Meeting ID: 875 9380 0238 Passcode: 634116	Eating Recovery	Ronnie 915-920-6101
Wednesday	12 pm	Las Cruces, NM -HYBRID MEETING St. James Episcopal Church 102 St James Ave, Las Cruces, NM 88005  Wheelchair Accessible https://us06web.zoom.us/j/83302756915?pwd=qaKawCFYUcbgiz6Nk8NH3HmJa4cQWu.1 Meeting ID: 8318857571 Password: 003560 Meeting info (phone call only): Dial +1 346 248 7799 US (Houston)	Rotating	Bob S. 610-762-3779
	6:00 pm	OA Wednesday ABQ Zoom Meeting https://us02web.zoom.us/j/89831936843?pwd=blRaeSt5ejFKdGRXd1pBSzl0TzNSZz09 Meeting ID: 898 3193 6843 Passcode: 878640 Find your local number: https://us02web.zoom.us/u/kicekatkM	AA Big Book Topics, Speakers	Vanessa G. 505-507-9894

Day	Time	Meeting	Topic	Contact
	7:00 pm	Holiday Updates THE ALBUQUERQUE WEDNESDAY 7:00 P.M. GROUP WILL MEET ON WEDNESDAY, DECEMBER 24 AND ON THURSDAY, DECEMBER 25 Albuquerque IN-PERSON Meeting "Stayed For the Sanity" Location: First Unitarian Church 3701 Carlisle Blvd NE Albuquerque, NM 87110 The group meets in the Family Room, NE corner of the church complex. Entrance faces Comanche Boulevard. Look for bright pink signs pointing the way.	<i>Rotating</i>	Frank 505-688-0788 or Anita 505-238-8014 (text preferred)
Thursday	5:40 pm	Silver City IN-PERSON Meeting Location: Church of the Good Shepherd, Meeting Hall 615 N. Texas St. Silver City, NM 88061	<i>Literature, Spirituality</i>	Abby 575-313-7305

Day	Time	Meeting	Topic	Contact
	7:00 pm	We Care Zoom Meeting of OA Albuquerque, NM Holiday Updates THE ALBUQUERQUE 7:00 PM MEETING WILL MEET ON THURSDAY, DECEMBER 25 Carol S is inviting you to a scheduled Zoom meeting. Topic: Carol S's Personal Meeting Room Join Zoom Meeting https://us06web.zoom.us/j/4528460102?pwd=UlpMdUZ0ZHlleXdOYnq2YlljdE1kZz09 View meeting insights with Zoom AI Companion https://us06web.zoom.us/launch/edl?muid=4528460102_1585617013000 Meeting ID: 452 846 0102 Passcode: 3UP5dg One tap mobile +16699006833,,4528460102#,,,,*214641# US (San Jose) +17193594580,,4528460102#,,,,*214641# US  CLOSED CAPTIONED for the Hearing Impaired	Rotating	Carol Sp 505-804-5093
Friday	11 am	Albuquerque Zoom Meeting: https://us02web.zoom.us/j/88113407202 Meeting ID: 881 1340 7202 Dial-In Number: +1 346 248 7799 US	11 th Step – Prayer & Meditation	Regina H 505-977-0718
	5:45 pm	Rio Rancho In Person Meeting: Location: Mesa Club 3301 Southern Blvd, Rio Rancho, NM	11 th Step – Prayer & Meditation	Vanessa 505-507-9894

Day	Time	Meeting	Topic	Contact
Saturday	9:30 am	Las Cruces, NM HYBRID Meeting (# 53392) Peace Lutheran Church 1701 Missouri Ave Las Cruces, NM 88001  Wheelchair Accessible https://us06web.zoom.us/j/82830099580?pwd=cBcBE2HyHaFXKxPyPme4JMm5V3sWRj.1 Meeting ID: 5759301030 Passcode: 907686 One tap mobile +12532158782,,88090178651#,,, *332861# US (Tacoma) +13462487799,,88090178651#,,, *332861# US (Houston)	<i>Literature</i>	Bob 610-762-3779
		Gallup, NM Contact Elizabeth if you would like to attend a meeting in Gallup		Elizabet W. 505-721-9208
	10:30 am	Santa Fe, NM Zoom Meeting https://zoom.us/j/425884262 Meeting ID: 425 884 262 Password 1212		https://www.nnmo.com/meetings-list
	11:00 am	Albuquerque Saturday Surrender Zoom Meeting https://us02web.zoom.us/j/89503412076?pwd=bkZFRmw3QWxYUnRJmmsxMCtkNmZhUT09 Meeting ID: 895 0341 2076 Password: 550847 Call-In Number: 1-346-248-7799  CLOSED CAPTIONED for the Hearing Impaired	<i>Rotating</i>	Anna Charirose L. 505-544-6950
Sunday	8:30 am	OA Sunday ABQ In-Person & Telephone Only Meeting Location: Nahalat Shalom 3606 Rio Grande Blvd NW, Albuquerque, NM 87107 Inside courtyard, 2nd door from left on north wall Contact Vanessa at "vbgmilagro@gmail.com" for phone number passcode.	<i>Rotating</i>	Vanessa 505-507-9894

The WE CARE List

These members are willing to receive phone calls, answer questions about the OA program and sponsorship and speak at OA meetings.

Annamaria L.	505-265-2036 Land Line, no texts amlopez_031580@yahoo.com
Anna Charirose L.	505-554-6950
Carol Sp.	505-804-5093
Dodie H.	505-991-2850
Irine F.	505-210-6780
Kathy M. (habla espanol)	picardysmom@yahoo.com
Leonie W.	catlaw98@gmail.com
Margaret C.	602-882-7002
Mary C-W	505-363-8774
Mary S.	505-977-3445
Serena (El Paso)	915-566-8424
Veronica G (habla espanol)	505-321-1474
Taylor	taycdc@hotmail.com
Sue M.	209-765-0132

Please send meeting changes and updates to oacnmi@gmail.com.
Please also go to <https://oa.org/find-a-meeting/> to add, edit, or cancel a meeting.