

# *You Are Not Alone*

*Quarterly Region 3 Relapse Prevention  
Workshop*

*Saturday, December 13, 2025*

*Time: 1:00 pm – 2:30 pm CT*

**Come and hear a speaker share their experiences with  
relapse/relapse prevention!**

**Zoom ID: 881 1854 0543**

**Password: itworks**

**Questions?**

**Email: [r3tswregister@oaregion3.org](mailto:r3tswregister@oaregion3.org)**

**Sponsored by Region 3**