

## Overeaters Anonymous – Central NM Intergroup

P.O. Box 30273 Albuquerque, NM 87190-0273

CNMI website: <http://www.aa-cnmi.org> CNMI email: [aa-cnmi@gmail.com](mailto:aa-cnmi@gmail.com) Phone #: 505-261-3553

# Meeting List as of March 13, 2026

All times are Mountain Daylight Time (MDT)

| Day              | Time    | Meeting   | Topic                           | Contact   |
|------------------|---------|---|---------------------------------|---|
| <b>Every day</b> | 8:00 am | Santa Fe, NM <b>Zoom meeting</b><br><br><a href="https://us02web.zoom.us/j/748286152?pwd=Q2RiVm9jeSsvSIVSWkc2dFgrUmFEZz09#success">https://us02web.zoom.us/j/748286152?pwd=Q2RiVm9jeSsvSIVSWkc2dFgrUmFEZz09#success</a><br><br><b>Meeting ID:</b> 748 286 152<br><b>Password</b> 1234   |                                 | <a href="https://www.nnmoa.com/meetings-list">https://www.nnmoa.com/meetings-list</a> |
| <b>Monday</b>    | 12 noon | Albuquerque, NM <b>Zoom Meeting</b><br><br><a href="https://us02web.zoom.us/j/5954390550">https://us02web.zoom.us/j/5954390550</a><br><br><b>Meeting ID:</b> 595 439 0550<br>One tap mobile <a href="tel:+13462487799">+13462487799</a> 5954390550# US (Houston)<br><br>Dial by your location <a href="tel:+13462487799">+1 346 248 7799</a> US (Houston) | <i>Literature</i>               | Dodie<br>505-991-2850   |
|                  | 5:00 pm | Santa Fe, NM <b>Zoom meeting</b><br><br><a href="https://zoom.us/j/983851226">https://zoom.us/j/983851226</a><br><br><b>Meeting ID:</b> 983 851 226<br><b>Password</b> 1234   | <i>Reading &amp; Meditation</i> | <a href="https://www.nnmoa.com/meetings-list">https://www.nnmoa.com/meetings-list</a> |
|                  | 7:00 pm | Albuquerque, NM <b>Zoom Meeting</b><br><br><a href="https://us02web.zoom.us/j/88067773470">https://us02web.zoom.us/j/88067773470</a><br><br><b>Meeting ID:</b> 880 6777 3470<br>346-248-7799 US<br><br> CLOSED CAPTIONED for the Hearing Impaired                      | <i>Newcomer</i>                 | Kathy M.<br>505-730-6788  |

| Day              | Time    | Meeting  | Topic                               | Contact  |
|------------------|---------|--|-------------------------------------|--|
| <b>Tuesday</b>   | 12 pm   | <p>Albuquerque <b>IN-PERSON</b> Meeting<br/>"Steps to Recovery"</p> <p><b>This meeting will not meet on 3/17 and will resume on 03/24</b></p> <p><b>Location:</b><br/>The Heights Club<br/>8520 Marble Avenue NE</p> <p>From the intersection of Lomas and Virginia (just west of Wyoming) go north to Marble, turn right, and follow the street around the curve.<br/>Plenty of parking.</p>  | <i>Step Study</i>                   | <p>Sue M.<br/>209-765-0132</p> <p>Or<br/>Annamaria L.<br/>505-265-2036<br/>(landline – no texts)</p> |
| <b>Wednesday</b> | 12 pm   | <p>Las Cruces, NM <b>-HYBRID MEETING</b><br/>St. James Episcopal Church<br/>102 St James Ave, Las Cruces, NM 88005</p> <p> Wheelchair Accessible</p> <p><a href="https://us06web.zoom.us/j/83302756915?pwd=qaKawCFYUcbgiz6Nk8NH3HMJa4cQWU.1">https://us06web.zoom.us/j/83302756915?pwd=qaKawCFYUcbgiz6Nk8NH3HMJa4cQWU.1</a></p> <p><b>Meeting ID:</b> 8318857571<br/><b>Password:</b> 003560</p> <p>Meeting info (phone call only):<br/>Dial +1 346 248 7799 US (Houston)</p> | Rotating                            | Bob S.<br>610-762-3779   |
|                  | 6:00 pm | <p>OA Wednesday ABQ <b>Zoom</b> Meeting</p> <p><a href="https://us02web.zoom.us/j/89831936843?pwd=bIRaeSt5ejFKdGRXd1pBSzI0TzNSZz09">https://us02web.zoom.us/j/89831936843?pwd=bIRaeSt5ejFKdGRXd1pBSzI0TzNSZz09</a></p> <p><b>Meeting ID:</b> 898 3193 6843<br/><b>Passcode:</b> 878640</p> <p>Find your local number:<br/><a href="https://us02web.zoom.us/j/kicekatkM">https://us02web.zoom.us/j/kicekatkM</a></p>  | <i>AA Big Book Topics, Speakers</i> | Vanessa G.<br>505-507-9894   |
|                  | 7:00 pm | <p>Albuquerque <b>IN-PERSON</b> Meeting<br/>"Stayed For the Sanity"</p> <p><b>Location:</b><br/>First Unitarian Church<br/>3701 Carlisle Blvd NE<br/>Albuquerque, NM 87110</p> <p>The group meets in the Family Room, NE corner of the church complex. Entrance faces Comanche Boulevard. Look for bright pink signs pointing the way.</p>   | <i>Rotating</i>                     | <p>Frank<br/>505-688-0788</p> <p>or<br/>Anita<br/>505-238-8014<br/>(text preferred)</p>              |
| <b>Thursday</b>  | 5:40 pm | <p>Silver City <b>IN-PERSON</b> Meeting</p> <p><b>Location:</b><br/>Church of the Good Shepherd,<br/>Meeting Hall<br/>615 N. Texas St.<br/>Silver City, NM 88061</p>   | <i>Literature, Spirituality</i>     | Abby<br>575-313-7305   |

| Day           | Time    | Meeting   | Topic  | Contact                     |
|---------------|---------|---|--|-----------------------------|
|               | 7:00 pm | <p>We Care <b>Zoom Meeting</b> of OA<br/>Albuquerque, NM</p> <p>Carol S is inviting you to a scheduled Zoom meeting.</p> <p>Topic: Carol S's Personal Meeting Room</p> <p>Join Zoom Meeting<br/> <a href="https://us06web.zoom.us/j/4528460102?pwd=UlpMdUZ0ZHlleXdOYnq2YlljdE1kZz09">https://us06web.zoom.us/j/4528460102?pwd=UlpMdUZ0ZHlleXdOYnq2YlljdE1kZz09</a></p> <p>View meeting insights with Zoom AI Companion<br/> <a href="https://us06web.zoom.us/launch/edl?muid=4528460102_1585617013000">https://us06web.zoom.us/launch/edl?muid=4528460102_1585617013000</a></p> <p><b>Meeting ID:</b> 452 846 0102<br/> <b>Passcode:</b> 3UP5dg</p> <p>One tap mobile<br/>                     +16699006833,,4528460102#,,,,*214641# US (San Jose)<br/>                     +17193594580,,4528460102#,,,,*214641# US</p> <p> CLOSED CAPTIONED for the Hearing Impaired</p> | <i>Rotating</i>  | Carol Sp<br>505-804-5093    |
| <b>Friday</b> | 11 am   | <p>Albuquerque <b>Zoom Meeting:</b></p> <p><a href="https://us02web.zoom.us/j/88113407202">https://us02web.zoom.us/j/88113407202</a></p> <p><b>Meeting ID:</b> 881 1340 7202</p> <p>Dial-In Number: +1 346 248 7799 US</p>  | <i>11<sup>th</sup> Step</i><br>–<br><i>Prayer &amp; Meditation</i> | Regina H<br>505-977-0718    |
|               | 5:45 pm | <p>Rio Rancho <b>In Person Meeting:</b></p> <p><b>Location:</b><br/>Mesa Club<br/>3301 Southern Blvd,<br/>Rio Rancho, NM</p>  | <i>11<sup>th</sup> Step</i><br>–<br><i>Prayer &amp; Meditation</i> | Vanessa<br><br>505-507-9894 |

| Day      | Time     | Meeting   | Topic      | Contact  |
|----------|----------|---|------------|--|
| Saturday | 9:30 am  | <p>Las Cruces, NM <b>HYBRID</b> Meeting (# 53392)</p> <p>Peace Lutheran Church<br/>1701 Missouri Ave<br/>Las Cruces, NM 88001</p>  Wheelchair Accessible   | Literature | <p>Bob</p> <p>610-762-3779</p>   |
|          |          | <p>Gallup, NM</p> <p>Contact Elizabeth if you would like to attend a meeting in Gallup</p>  |            | <p>Elizabet W.<br/>505-721-9208</p>  |
|          | 10:30 am | <p>Santa Fe, NM <b>Zoom</b> Meeting</p> <p><a href="https://zoom.us/j/425884262">https://zoom.us/j/425884262</a></p> <p><b>Meeting ID:</b> 425 884 262<br/><b>Password</b> 1212</p>   |            | <p><a href="https://www.nnmo.com/meetings-list">https://www.nnmo.com/meetings-list</a></p> |
|          | 11:00 am | <p>Albuquerque Saturday Surrender <b>Zoom</b> Meeting</p> <p><a href="https://us02web.zoom.us/j/89503412076?pwd=bkZFRmw3QWxYUnRJMmsxMCtkNmZhUT09">https://us02web.zoom.us/j/89503412076?pwd=bkZFRmw3QWxYUnRJMmsxMCtkNmZhUT09</a></p> <p><b>Meeting ID:</b> 895 0341 2076<br/><b>Password:</b> 550847</p> <p>Call-In Number:1-346-248-7799</p>  CLOSED CAPTIONED for the Hearing Impaired | Rotating   | <p>Anna Charirose L.<br/>505-544-6950</p>  |
| Sunday   | 8:30 am  | <p>OA Sunday ABQ <b>In-Person &amp; Telephone Only</b> Meeting</p> <p><b>Location:</b><br/>Nahalat Shalom<br/>3606 Rio Grande Blvd NW,<br/>Albuquerque, NM 87107</p> <p>Inside courtyard, 2nd door from left on north wall</p> <p>Contact Vanessa at "vbgmilagro@gmail.com" for phone number passcode.</p>  | Rotating   | <p>Vanessa<br/>505-507-9894</p>  |

### The WE CARE List

These members are willing to receive phone calls, answer questions about the OA program and sponsorship and speak at OA meetings.

|                            |  |
|----------------------------|--|
| Annamaria L.               | 505-265-2036 Land Line, no texts<br><a href="mailto:amlopez_031580@yahoo.com">amlopez_031580@yahoo.com</a> |
| Anna Charirose L.          | 505-554-6950   |
| Carol Sp.                  | 505-804-5093   |
| Dodie H.                   | 505-991-2850   |
| Irine F.                   | 505-210-6780   |
| Kathy M. (habla espanol)   | <a href="mailto:picardysmom@yahoo.com">picardysmom@yahoo.com</a>   |
| Leonie W.                  | <a href="mailto:catlaw98@gmail.com">catlaw98@gmail.com</a>   |
| Margaret C.                | 602-882-7002   |
| Mary C-W                   | 505-363-8774   |
| Mary S.                    | 505-977-3445   |
| Serena (El Paso)           | 915-566-8424   |
| Veronica G (habla espanol) | 505-321-1474   |
| Taylor                     | <a href="mailto:taycdc@hotmail.com">taycdc@hotmail.com</a>   |
| Sue M.                     | 209-765-0132   |

Please send meeting changes and updates to [oacnmi@gmail.com](mailto:oacnmi@gmail.com).  
**Please** also go to <https://oa.org/find-a-meeting/> to add, edit, or cancel a meeting.