

2026 OA Silent Retreat Health and Safety Guidelines

Our primary consideration continues to be the health and safety of everyone who will be present at the retreat.

Currently the CDC, State of New Mexico and the Abbey have no restrictions or requirements for testing, vaccination status or mask wearing regarding the prevention of any communicable illnesses in group settings.

All participants are encouraged to keep all their vaccinations up to date and to evaluate their own specific health needs and to care for themselves as they deem appropriate in a group setting and to remain considerate of the health needs of others.

We maintain our pledge to:

- update all registrants in response to any changing conditions and keep them informed about any changes regarding the retreat.
- be available to address registrants' questions or concerns. Contact information is provided below.

For your questions and concerns please contact:

Vanessa G. (505) 507-9894, vbgmilagro@gmail.com, 2023 OA Silent Retreat Chair

Mary Lou A. (830) 279-9526, cnmiretreat@gmail.com Registration, 2023 OA Silent Retreat